

Fresh, juicy and bursting with possibilities. *Nothing sparks a customer's imagination like fresh, colorful raspberries. A tempting display of raspberries in your produce department will send them all over the store for dairy products, baking ingredients and high-margin non-food items.*



Gourmet 
Raspberries



We work closely
with growers in Chile,
Mexico and the U.S.
to ensure a consistent
supply of fresh,
flavorful berries all
year around.



Retailer Tips

Storage and Handling

- Refrigerate at 34° F – 36° F until display.
- Protect from freezing.

Merchandising Ideas

- Display with other berries.
- Provide recipes.
- Display with dessert dishes nearby.
- Cross-merchandise with frozen pound cake and cheesecakes.

Availability

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Chile	●	●	●	●	●						●	●
Mexico	●	●	●	●	●						●	
USA					●	●	●	●	●	●	●	

Pack

12 X 5.6 oz. Clamshells
Qty/Pallet 240
Custom packs available.

FOB Los Angeles
Miami

Gourmet Trading Company

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Green, White, Purple Asparagus ~ Blueberries ~ Super Blues™ ~ Raspberries ~ Blackberries ~ Mangos

Consumer Information

What to Look For

- Ripe raspberries should appear full and round, not flattened.
- The walls of a fine berry should be plump.
- Berries should have a soft gloss but not a hazy, gray look.
- Raspberries should not have tiny dents or bruises or be broken.

Storage and Handling

- Do not wash until immediately before consumption.
- Under ideal conditions, raspberries can keep for 1–3 days in home refrigerators.

Serving Suggestions

- Delicious in yogurt and shakes.
- Raspberries make excellent sauces for classic desserts.
- They are perfectly paired with anything chocolate.

Nutritional Highlights

- Raspberries are rich in Vitamin C.
- Low in calories and carbohydrates.
- Provide 10% of the RDA of folate, from folic acid, which has been associated with reducing birth defects.
- An excellent source of fiber, providing 8 grams, or 32% of the RDA per 1 cup serving.

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